

FIRST AID COURSES

We deliver flexible First Aid training in comfortable and safe surroundings.

Our trainer has many years' experience as a paramedic and is an Essex County Council & Southend Borough Council approved provider for this training.

Training can be delivered flexibly, including in the workplace – for this the minimum group size is 12.

Courses we offer:

- Classroom based courses
- Childcare level 1
- 😤 Childcare level 2
- Childcare level 3
- Childcare level 5
- 😤 Health & Social Care
- Teaching & Learning in Schools level 2
- Teaching & Learning in Schools level 3
- Playwork level 2
- Playwork level 3
- Residential Childcare level 3

Short Courses:

- Safeguarding Level 1
- Safeguarding Level 2
- Safeguarding Level 3
- 2 12 Hour Paediatric First Aid
- Emergency First Aid At Work
- 🖄 Epi Pen Training



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First Aid Courses

- ☆ 12 Hour Paediatric ☆
- ☆ Emergency First Aid at Work ☆
- ☆ Epi Pen Training ☆

Get in touch for the latest dates

Call us on 01702 680068

12 Hour Paediatric First Aid

- Ofsted & Ofqual recognised
- Two day course 9.30am 4pm
- Costs only £80 per candidate
- Tea, coffee and a light lunch is provided

Course includes:

- CPR & Recovery position
- Choking & Febrile Convulsions
- Meningitis & common illness & injury treatments
- Shock
- Anaphylaxis & Epi Pen training
- Burns & Scalds
 - Emergency needs of children with chronic medical conditions (including Epilepsy, Asthma, Sickle Cell and Diabetes)

On completion of the course, candidates will be awarded with a Qualsafe accredited Level 3 Award in Paediatric First Aid, which is valid for three years from the date of issue. A plastic wallet card will also be issued alongside the paper certificate.

When you book onto our Paediatric First Aid course you can book onto our Epi Pen Training for just £20!



6 Hour Emergency First Aid at Work

- 6 hour course
- Costs only £55 per candidate
- Tea, coffee and a light lunch is provided

This course covers:

- CPR
- Unconscious
- Choking
- Wounds
- Anaphylaxis
- Minor injuries.

On completion of the course, candidates will be awarded with a Qualsafe accredited Emergency First Aid at Work certificate, which is valid for one year.

10% discount if booking 12 places at the same time and training at the workplace

5% discount if booking 5 places at the same time at Eden Training

Epi Pen Training

- 9.30am 12pm
- Costs only £30 per candidate
- Refreshments included

This course covers:

- Anaphylaxis awareness
- Epi Pen training
- Basic life support including
 - CPR
 - o Recovery position

On completion of the course, candidates will be awarded with a Qualsafe accredited Level 2 Award in Basic Life Support & Management of Anaphylaxis certificate which is valid for three years.

Book 4 people on our Epi Pen training course and get the 5th person FREE!

